

## **Course Pack**

Level 3 First Aid at Work (RQF)				
Overview	This Regulated Qualification is ideal for anyone wishing to become a first aider. It covers a wider range of subjects than that covered by the Emergency First Aid at Work qualification. It provides learners with the skills and knowledge to deal with first aid situations in higher risk workplaces or workplaces with an increased number of employees. Produced in aid of the Health and Safety (First-Aid) Regulations 1981 and the Health and Safety (First-Aid) Regulations (NI) 1982 purposes.			
Duration	<ul><li>2 days (requalification)</li><li>3 days (initial qualification)</li></ul>			
Class Size	Min 3 / Max 12 (1 trainer)			
Assessment	The practical Learning Outcomes are assessed by observation			
Certificate Validity	3 years			
Learning Outcomes	<ul> <li>Unit 1</li> <li>Roles and responsibilities of a first aider</li> <li>Assess an incident</li> <li>Unresponsive patient who is breathing normally</li> <li>Unresponsive patient who is not breathing normally</li> <li>Recognise and assist a patient who is choking</li> <li>Manage a patient with external bleeding</li> <li>Manage a patient who is in shock</li> <li>Manage a patient with a minor injury</li> <li>Understand the safe use of an automated external defibrillator</li> <li>Unit 2</li> <li>Conduct a secondary survey</li> <li>Administer first aid to a patient with injuries to bones, muscles and joints</li> <li>Administer first aid to a patient with suspected head and spinal injuries</li> <li>Administer first aid to a patient with suspected chest injuries</li> <li>Administer first aid to a patient with burns and scalds</li> <li>Administer first aid to a patient with an eye injury</li> <li>Administer first aid to a patient with sudden poisoning</li> <li>Administer first aid to a patient with anaphylaxis</li> <li>Manage a patient with suspected major illness</li> </ul>			
Cost At Your Site	2 Day	£100.00 per person £999.00 full course	3 Day	£150.00 per person £1,499.00 full course



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