

Level 2 Activity First Aid (RQF)	
Overview	The Level 2 Award in Activity First Aid (RQF) is a training course which is designed for those who are involved in the outdoor and activity-based environments that require a first aid qualification in addition to providing the knowledge and skills to operate in these different and often challenging environments.
Duration	2 days
Class Size	Min 3 / Max 12 (1 trainer)
Assessment	The practical Learning Outcomes are assessed by observation
Certificate Validity	3 years
Learning Outcomes	<p>Unit 1</p> <ul style="list-style-type: none"> • Roles and responsibilities of a first aider • Assess an incident • Unresponsive patient who is breathing normally • Unresponsive patient who is not breathing normally • Recognise and assist a patient who is choking • Manage a patient with external bleeding • Manage a patient who is in shock • Manage a patient with a minor injury • Understand the safe use of an automated external defibrillator <p>Unit 2</p> <ul style="list-style-type: none"> • Conduct a secondary survey • Administer first aid to a patient with injuries to bones, muscles and joints • Administer first aid to a patient with suspected head and spinal injuries • Administer first aid to a patient with suspected chest and abdominal injuries • Administer first aid to a patient with an eye injury • Administer first aid to a patient with sudden poisoning • Administer first aid to a patient with anaphylaxis • Manage a patient with suspected major illness • Manage a patient who is experiencing the effects of extremes of temperature
Cost At Your Site	Per person: £120.00 Full course: £1,199.00